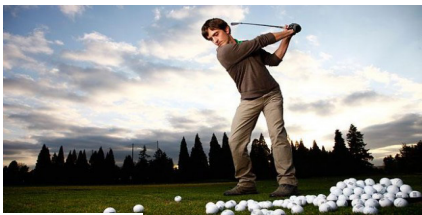


It is important that you keep building your subject knowledge and reading/researching around the subject is a good way to ensure you are ready for the course. Have a go at the tasks below to help develop your knowledge.

ARE ATHLETES BORN OR MADE?

THE ARTICLES to read...



Are Athletes Born or Made?

shorturl.at/ewDKR



Champion Sprinter has cheetah like muscle fibres

shorturl.at/npjyBD



How one Kenyan Tribe Produces the World's Best Runners

<http://tiny.cc/7yjylz>

THE VIDEOS to watch...



How One Kenyan Village Fuels The World's Fastest Distance Runners
<https://bit.ly/37DNqjs>



David Epstein: Are Elite Athletes Born or Made?
https://www.youtube.com/watch?v=Tn4X-D8Y9_w



Colin Jackson: The Making of Me

<https://www.youtube.com/watch?v=j-mHQACvZfc>

THE TASKS to complete...



Complete the comprehension task attached



Complete the research task attached



Complete the debate planning sheet attached



All materials can be found on the Sport Science Pre induction google classroom
Code: nd6lj13