

A Level Psychology

New Student Day Activity

Welcome to Psychology at The Sixth Form Bolton!

Please complete the tasks to increase your curiosity on the subject....

What is Psychology?

Debunked psychology myths

https://www.ted.com/talks/ben_ambridge_9_myths_about_psychology_debunked/up-next

This is an opportunity for you to learn more about your options when it comes to pursuing a professional career in psychology.

Here are some career options:

- ✓ Psychiatrist salary up to £103,490
- ✓ Educational Psychologist Salary: £22,000-£65,000
- ✓ Research Fellow Salary: £25,000-£60,000
- ✓ Cognitive Neuroscientist Salary: £34,000- £46,000
- ✓ Health Psychologist Salary: £38,890 - £104,927
- ✓ Forensic Psychologist Salary: Approx. £34,897-£81,838
- ✓ Probation Officer Salary: £21,000-£34,000
- ✓ Legal Services (Independent Chartered Psychologist) Salary: Approx. £35,000-£95,000
- ✓ Cognitive Behavioural Therapist Salary: Approx. £26,500 and £41,500 per annum

Learn more about health psychology:

Health psychologists use their knowledge of psychology and health to promote general well-being and understand physical illness. They promote healthier lifestyles and try to find ways to encourage people to improve their health within different situations and circumstances.

Research task:

- How has the global covid-19 pandemic impacted people's mental health?
- What strategies for keeping psychologically healthy are being promoted?
- Create a leaflet which could promote well-being during the current 'lockdown'.

Useful link: https://www.rethink.org/advice-and-information/covid-19-support/?gclid=EAlalQobChMI05654qDv6AIVDe3tCh0hEgQREAAAYASAAEgIV4_D_BwE

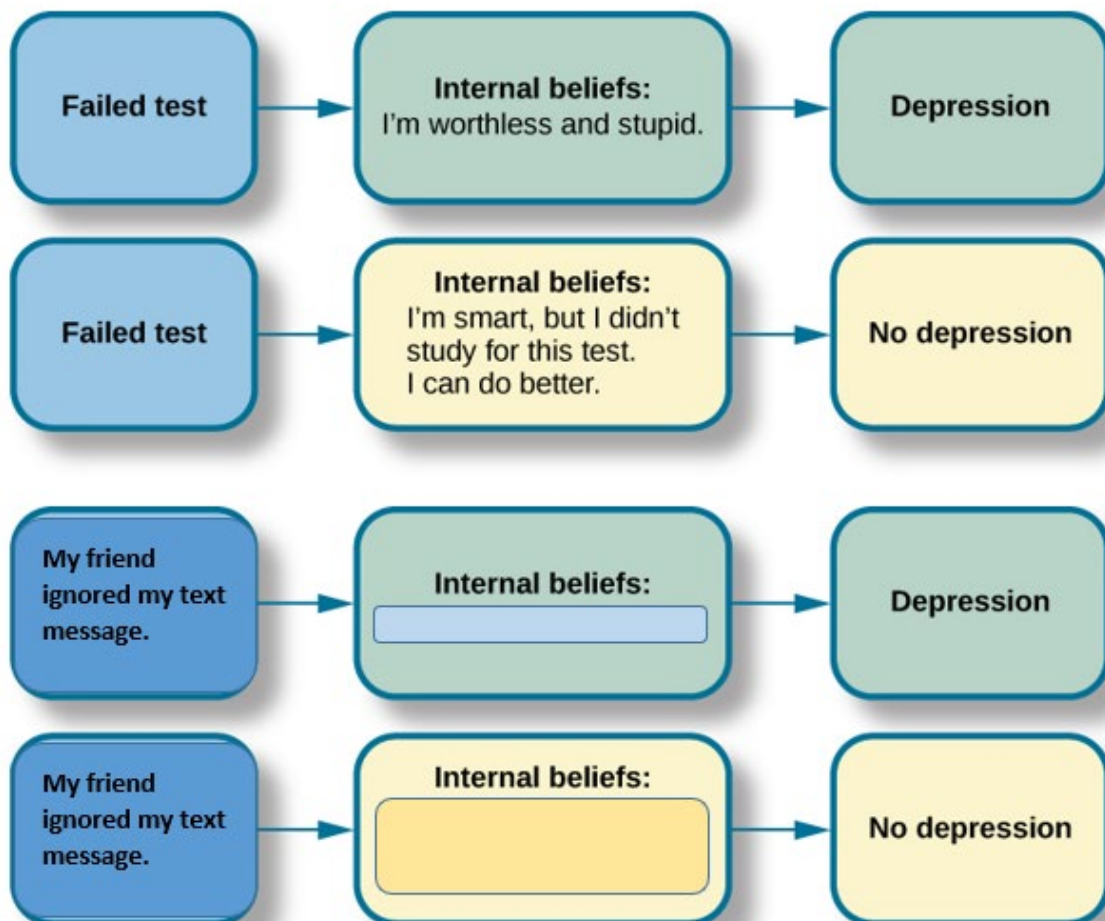
Extension: If you were to design a piece of research into social behaviour during the covid-19 pandemic, what would you want to investigate? How do would you do this?

Learn more about Cognitive Behavioural therapy:

Watch the following clip which explain cognitive behavioural therapy.

https://www.youtube.com/watch?v=9c_Bv_FBE-c

Can you apply the techniques outlined in the clip and example below to complete in the internal beliefs in the second diagram?



ACCOUNTS to follow...

@PsychToday, @pospsych, @psychmag, @ResearchDigest, @Psych-Writer, @Psychologypedia